

Primary School Programs

- Early years – body basics, protective behaviours
- Year 3-4 – families/bodies/babies
- Year 4 – Introduction to Puberty
- Year 5-6 – Puberty for Upper Primary
- Puberty and Personal Hygiene
- Reproduction

Secondary School and Youth Programs

- Sexual Health and Decision Making
- Sex and the Law
- Safer Sex
- STI's
- Puberty for Teens
- Contraception
- Reproduction
- Respectful Relationships

Contact us for an obligation free, written quote. Multiple session discounts apply. (Maximum class size 25 students)

Teacher and parent Workshops also available



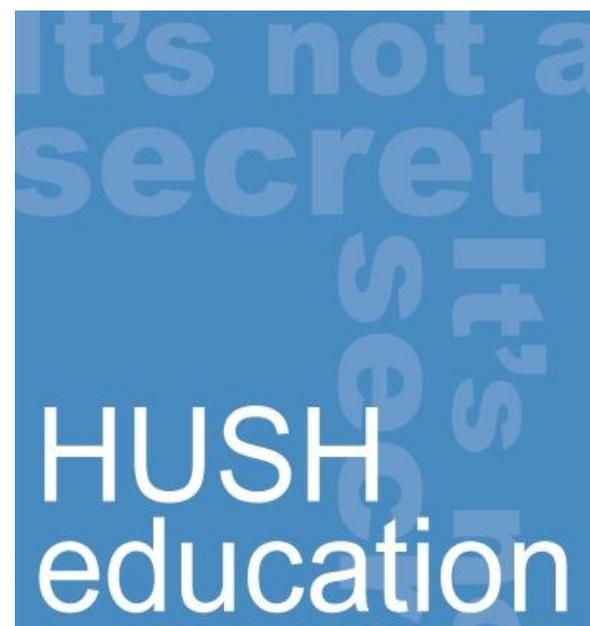
HUSHeducation present a variety of programs aimed at young people. Whether they are 9 – 14 year olds attempting to understand and navigate the puberty years or teens starting to investigate and experiment with their sexuality; HUSHeducation can offer tailor-made sessions to educate and entertain today's youth. All of our programs include hands-on activities, games and the opportunity to see relevant products and resources.

Contact us for competitive prices, program advice and bookings.

HUSHeducation
It's not a secret

Hooking Up with Sexual Health

www.hushededucation.com.au
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PRIMARY YEARS

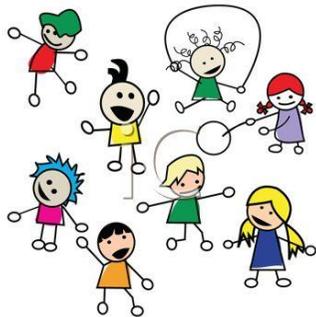
HUSHeducation provides adolescent health classes and workshops for primary schools, teens, young people and those who work with them. They are conducted in a relaxed and informal manner by a highly skilled and experienced educator.

Primary School Programs

Puberty for Upper Primary

Puberty is a time of rapid physical and emotional change. Some people breeze through this stage and others can find it a more challenging. Our three hour puberty program (presented in one or two sessions) starts by introducing the human reproductive systems using biological terminology. We investigate the physical and emotional changes that young people can expect to experience. We discuss what puberty is, why it happens, who it happens to and when it is likely to take place. Menstruation and sperm production are included in this program.

Many clients follow the Puberty program with a 1 ½ hour session about reproduction.



Puberty for Middle Primary

An increasing number of year 3 and 4 students are beginning to experience some of the earlier signs of puberty (and some girls are even starting their periods at this age). HUSHeducation offer a special, fun, one and a half hour introduction to puberty for year 4 students. We introduce the names of the reproductive organs and talk about the common physical changes which indicate that puberty is on its way. For girls we include in this session a gentle introduction to different ways to manage periods.

We have educators trained to facilitate programs in specialist schools and religious schools.

Ask to view our Body Awareness and Protective Behaviours brochure for preschool and early primary.

Puberty and Personal Hygiene

Puberty and the teen years present a whole list of physical changes, including not only the way your body looks, but also the way it smells. We'll investigate personal hygiene from acne to oily hair, from fresh breath to fungal feet infections. A 1 ½ hour fun session for primary and year 7 students.

Reproduction

In this 1 ½ hour session for children from year 3 and up, the children will be learning about conception, pregnancy and birth in an age appropriate manner. Photos of the developing foetus will take the students on a journey through the amazing stages of pregnancy. The birth process is explained and stories and activities allow each child to participate in this fun and interesting session.

