

Primary School Programs

- Early years: body basics and protective behaviours
- Year 3-4 – families/bodies/babies
- Year 4 – Introduction to Puberty
- Year 5-6 – Puberty for Upper Primary
- Puberty and Personal Hygiene
- Reproduction

Secondary School and Youth Programs

- Sexual Health and Decision Making
- Sex and the Law
- Safer Sex
- STI's
- Puberty for Teens
- Contraception
- Reproduction
- Respectful Relationships

Contact us for an obligation free, written quote. Multiple session discounts apply. (Maximum class size 25 students)

Teacher and parent workshops also available



www.facebook.com/HUSHeducation

HUSHeducation present a variety of programs aimed at young people. Whether they are 9 – 14 year olds attempting to understand and navigate the puberty years or teens starting to investigate and experiment with their sexuality; HUSHeducation can offer tailor-made sessions to educate and entertain today's youth. All of our programs include hands-on activities, games and the opportunity to see relevant products and resources.

Contact us for competitive prices, program advice and bookings.

HUSHeducation
It's not a secret

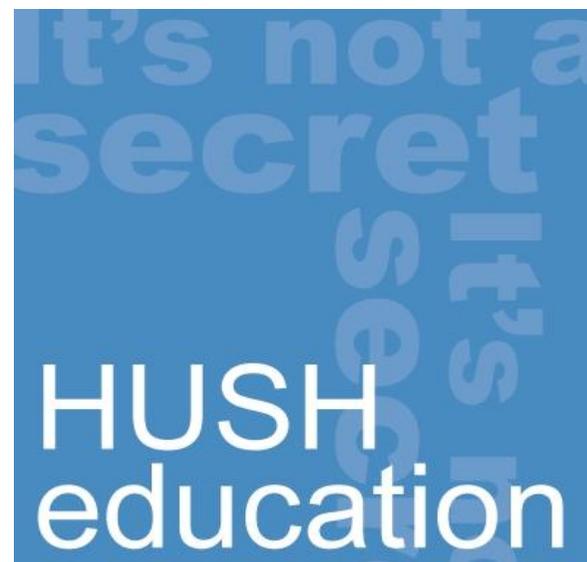
Hooking Up with Sexual Health

www.husheducation.com.au
enquiries@husheducation.com.au

We work with all specialist and religious schools– ask to see our other brochures



Youth Programs



HUSHeducation provides adolescent health classes and workshops for primary schools, teens, young people and those who work with them. They are conducted in a relaxed and informal manner by our highly skilled and experienced educators.

YOUTH PROGRAMS INCLUDE.....

Sexual Health and Decision Making:

This program is about knowing whether you are ready to become sexually active, knowing how to protect your sexual health and recognising some of the influences in this area. The 2 hour session outlines the legal requirements and investigates social and emotional pressures. Condoms are displayed and demonstrated.

Safer Sex:

A 2 ½ hour session concentrating on STI's and contraception (sexual health). STI's are discussed in some detail and participants will learn the 5 general areas of information that people need to know to protect themselves and their partners from STI's. Condom use is demonstrated and practiced on plastic penises and dams are displayed. The various methods of contraception are introduced and displayed for a hands-on experience.

STI's: (Sexually Transmitted Infections):

A stand alone program taking an in-depth look at STI's. What are they, how are they transmitted, what are the symptoms, how are they prevented and what is your legal and ethical responsibility if you find you have an STI. High-risk and unsafe sexual activities are highlighted and information given for unsafe sex follow-up. Names and phone numbers of STI screening centres are distributed.

Reproduction:

In this 1 ½ hour session *participants will be investigating conception*, pregnancy and birth. Photos of the developing foetus will take the young people on a journey through the stages of pregnancy and into the birth. The hours and days after birth will be discussed from both the mother's and the child's point of view.

Puberty for teens:

Puberty is a time of rapid physical and social/emotional changes. It can begin long before the teen years or any time up until 14 or 15 years old. Some people breeze through the puberty years and others find them particularly challenging. This session of 3 hours or 2 x 1 ½ hours investigates the what, why, when of puberty. We introduce scientific names for body parts and functions and investigate menstruation and sperm production in part 2 of the program.

Respectful Relationships:

Healthy relationships thrive on respect, kindness and trust. Unhealthy or disrespectful relationships rely on an imbalance of power. This session is about learning to recognize unhealthy relationships and finding out about the respect everyone deserves within a relationship.

Sex and the Law:

Legally you are not allowed to have sex with anyone until you are over the age of consent. Find out just how old you and your partner(s) are required to be by law. Investigate the meanings behind the legal terminology and the consequences of under-age sexual activity. The session briefly discusses the dangers of sexting.

Contraception:

Research shows that in Australia, over one quarter of all year 10 students and just over half of all year 12 students have had sex. Some young people choose to not use contraception, despite knowing an unplanned pregnancy is a possibility. This program takes a detailed look at the contraception choices available and discusses the pros and cons of each – particularly for young people. We talk about availability and effectiveness and have a close, hands-on look at each option. The 'morning after pill' is also discussed.

Special School Programs include a combination of sessions aimed at different ages and stages.

- Body part names and functions
- Puberty
- Public and private behaviours and places
- Recognizing consent – giving and receiving
- Respectful and appropriate relationships
- Reproduction
- Safer Sex
- Contraception and STIs
- And more.